



NEWSLETTER

August / September 2000

Vic Laws Pool, Pizzey Park, Miami, Qld.



SWIMMING CLUB INCORPORATED

P.O. Box 455
Mermaid Beach, Qld. 4218.

Committee:

| | | | |
|-----------------|----------------------|--------------|--------------------------------|
| President: | Georgina Young | 0412 927 851 | gyoung@koalakoaches.com.au |
| Vice President: | Alan Grant | 5575 4235 | |
| Captain: | John Crisp | 5591 6117 | |
| Secretary: | Brenda Robotham | 5576 3117 | brobotha@caningerss.qld.edu.au |
| Treasurer: | Ted Pullar | | |
| Newsletter: | Brett & Julie Stuart | 5576 1989 | b_stuart@onthenet.com.au |

Coaches:

| | |
|-----------------|-----------|
| Lyn Stanley | 5576 0695 |
| Steve Cornelius | 5538 7448 |

Training:

| | |
|----------|----------------------------------|
| Saturday | 2:45 pm (briefing and stretches) |
| | 3:00 pm Swim |
| Tuesday | 6:30 pm Swim |

Dates:

Toowoomba Carnival: 9th September

Training will commence its Summer time (4.00 pm) on Saturday 7th October.

Annual General Meeting: 7th October (all positions vacant, nominations welcome)

Coaches:

Notes from Lyn:

Congratulations to the club for the purchase of club flippers. They offer the opportunity to introduce VARIETY into training sessions, while



encouraging flexibility in the leg / ankle area. They are important in focussing on streamlining in all strokes (except Breaststroke).

Members should be conscious of the risk of cramps when using flippers, so stretch well before,

during and after each set. Also remember to try not to push off too strenuously at each end.

As the flippers were an expense for the club, we appreciate members making sure they are returned to the box at the end of each session.

Thanks to gear steward Rob for their purchase and maintenance and also special thanks to Warren, who drilled drainage holes in the storage box to improve storage, and lifespan.

Club Positions Vacant at Annual General Meeting on 7th October 2000

Held at 2.30 pm immediately prior to training.

All positions will become vacant. At this stage we know that current President, Secretary & Treasurer will be not be nominating to stand again, so please consider:

President:

Is the leader (figure head) of the club. He or she is the guardian of the club's constitution and the members' rights and as such should chair all meetings of the club.



Vice President:

Is the deputy of and assistant to the President. He or she should assist the President and act in his/her place if he/she should be absent.

Secretary:

Is responsible for all the written records of the club. Will receive and answer mail, record minutes of meetings, notify the Branch Secretary of the committee members and any changes to them.

Treasurer:

Is responsible for collecting, recording and banking club monies.

Captain:

Organises and supervises club swims which include time trials, award swims, relay and novelty events. Should also be responsible for selection of relay teams for interclub events.

Vice Captain:

Assistant to the captain. Same duties as above in the absence of the captain.

Registrar:

Is responsible for collection of membership fees and completed yearly forms and return of same to the State Registrar. The Registrar will nominate two (2) sign-on days in November.

Recorder:

Is responsible for keeping an accurate record of all times swum in club time trials and for awards. Top 10 times are to be kept on cards and forwarded to the Branch or National Recorders each month as stipulated by the State Branch. The times of visiting members of AUSSI must also be dealt with in the same way.

Swim Meet Director:

Is responsible for the organisation of our annual swim meet.

Northside Carnival 26th – 27th August

World Masters Games at Munich

Congratulations to MARK FITZWALTER who was successful at the World Masters Games at Munich, winning 4th place in the 50 metre Butterfly and bettering his Australian National Record, and 7th place in the 100 metre 'fly, gaining 2 Medals overall.



All members should be aware that the WORLD MASTERS are in Christchurch in 2002, so keep it in mind, and perhaps we should send a team to compete.

New South Wales Masters Games



The New South Wales Masters Games were held at Coffs Harbour on 14th, 15th and 16th July with 2000 Masters athletes competing.

Miami Masters swimmers figured prominently in the winners medals:

Toni Cameron, 55 years, won 3 Gold, 3 Silver

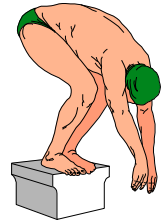
Brian Deane, 60 years, won 3 Gold, 4 Silver

Karen McPherson, 47 years won 1 Gold, 4 Silver & 1 Bronze

Mark Fitzwalter, 45 years, won 5 Gold, including one National and 2 State Records in the 50 & 100 Butterfly races.

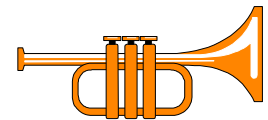
John Crisp, 65 years won 7 Gold Medals including 4 National Records and 8 State Records.

11 Competitors represented Miami Masters admirably. Warren Robotham and Elizabeth Schneider were virgin competitors entering into the spirit with relays teams. Captain John Crisp won 3 State records in backstroke 100m, 800m and 1500m. Philomena Marshall won State record in the 1500m freestyle. In the Men's 60 year age group, Miami scooped the trifecta with Brian Deane 1st, Don Leslie 2nd, and Dickie Dodds 3rd. Jason Neville did a P.B. in the 100m breaststroke.



Blast from the Past:

Looking at some old State Qld Masters "Swimmers News" 10 years ago, lovingly stored by Leanne Brown:



May 1990: Miami won the NATIONAL & STATE Meet, beating Sunshine and Southside convincingly, with membership of 110 (28% up on 1989), cf Sunshine Coast 71 members and Southside with 121 members.

Noosa Triathlon: Leanne B. (swim), Wendy Wagner (Bike), J.J. (run) led all the way to take out the Vet. Wm. Team event. Steve Cornelius along with his brother and his father competed in the family event.

Wanted Ad: by 2 single females of Miami Masters: Males with the following qualities:

- Swimmer
- Sense of humour
- 32 – 40 years
- Non-Smoker
- Intelligent
- Single
- Sociable

Contact DM or BF (inserted courtesy of a friend on their interests) (Ed: was BF Bron Follent ?, 'cause Lance met the criteria ?)

Social Notes:

Golf Day, Meadow Park:

From Peter Mitchell:

I'm sure that many of us have a set of golf clubs of a much earlier vintage hidden somewhere. Graham found his, got out the steel wool to tidy them up and all these redbacks came scurrying out!



A stroll around the golf course is good value, especially when followed by a very good BBQ lunch.

We played according to the fabulous ambrose system which means you only count the best drive per hole for each group. But each player must contribute one drive per round. This way the scores are respectable !

Some of us show golfing talent, some don't, but who cares. It was good value and we enjoyed ourselves losing golf balls and disrupting the wildlife.

Thanks heaps to Tony for his organizing and Lyn for recommending the venue.

"That Italian Place"



27 Members and guests met at "That Italian Place" Mermaid Beach, for a taste of delicious and interesting Italian food.

Highlights were the exotic entrées. These social nights are a wonderful

opportunity to meet new friends outside your lane.

Comedy Club

Last week, 30 of us ventured to the Comedy Club at the Arts Centre to be entertained by James O'Lauchlan and Friends. It was great value to have 2 brilliant comedians, 2 fair, and 1 atrocious ! Despite the gratuitous swearing, we were in stitches ! Thanks Moyra for organising the great seats right in front of the stage, F'ing Fantastic !



Birthdays:

| | |
|-------------------|--------|
| Jim Irwin | 3-Aug |
| Bruce Parry | 5-Aug |
| Dulcie Nicol | 13-Aug |
| David Boylson | 14-Aug |
| Noel Dalgleish | 15-Aug |
| Clive Robinson | 17-Aug |
| Hanna Wassenaar | 21-Aug |
| John Bullock | 26-Aug |
| Geoffrey Morrison | 26-Aug |
| Shirley Parker | 27-Aug |
| Toni Cameron | 29-Aug |
| Tony Compton | 29-Aug |
| Jenny Sawyer | 11-Sep |
| Mark Fitz-Walter | 14-Sep |
| Mikako Naito | 15-Sep |
| Susan Bertram | 26-Sep |
| Corinne Kitching | 27-Sep |