



SWIMMING CLUB INCORPORATED

P.O. Box 455
Mermaid Beach, Qld. 4218.

NEWSLETTER

January / February 2002

Vic Laws Pool, Pizze Park, Miami, Qld.

Committee:

President:	Alan Grant	5575 4235	
Vice President:	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Captain:	John Crisp	5591 6117	
Secretary:	Denise Robertson	5575 2468	
Treasurer:	Brenda Robotham	5576 3117	
Social Committee:	Janine Corby	5538 5029	
	Alison Fahlbusch	5593 2120	
	Tony Smith	5572 6213	
Webmaster	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Newsletter:	Brett & Julie Stuart	5576 1989	brett@stuartconsulting.com.au

Coaches:

Lyn Stanley	5576 0695
Steve Cornelius	5538 7448

Training:

Saturday	3:45 pm (briefing and stretches)
	4:00 pm Swim
Tuesday	6:30 pm Swim

Dates:

- State Championships 23rd to 24th February in Toowoomba
- Golf Day, Burleigh Golf Club 3rd March: see Tony Smith
- Brisbane Westside Long Course Meet: 9th March
- National Swim Short Course SIAG, Sydney 16th -18th March

Sunshine Coast Carnival

Held at Sunshine Coast, Long Course on 2-Feb-02, at the Cotton Tree Aquatic Centre.



65-69	John Crisp	1 st
	Don Leslie	3 rd
	Rob Bradford	4 th
70-74	Geoff Ross	1 st
	Hank Markus	2 nd

Congratulations to all who competed, high placing's as follows:

Age Group	Swimmer	Place
35-39	Stephen Clark	2 nd
40-44	Michael Cox	2 nd
55-59	Jay Neville	1 st
	Alan Grant	2 nd
60-64	Dick Dodds	2 nd

Miami performed very well, winning 5 relays and gaining 4 State records. The club missed winning the highest average points per swimmer by 0.1 to Northside Club. Looking good for the State Titles in 2 weeks !

Committee Notes



Social Committee:

Following the success of the Open Water Swim at Evandale on December, 29th, the Social Committee will arrange another one soon - probably at the Creek.

The Social Committee could arrange block bookings for shows in Brisbane. Expressions of interest sought.

Who would be interested in participating in another 24 hour swim?

Golf Day: Sunday 3rd March, 18 holes at Burleigh Golf Club. Tee off at 6:30 AM, cost \$30 to \$35. See Tony Smith.

Aerobic Swims:

Our Club did not do well in 2001 in this competition. We need more people to participate. Currently aerobic swims are done on 1st and 3rd Saturdays of each month, an hour before start of swimming training. It has been suggested that we also do aerobic swims on the 4th Sunday of each month at 9:00 AM, and for those Interested, other weekday mornings could be arranged. For details, please check with Phil Marshall

Miami Masters' Web Page:

Lance Kunde is arranging for this to be set up. It is suggested that we have a single page updated regularly, and it could include our Club Logo; times and location of our training; a "Welcome to holidaying Masters" to attract visitors to train with us away from home; a calendar; our club newsletter; our carnival details. Further suggestions sought. Lance's email is LanceCrocodile@aol.com

Video Viewing:

Rod Greensill has suggested we access some videos on various aspects of swimming - techniques, starts, turns, health Issues, etc. etc. to be shown, perhaps in conjunction with a sausage sizzle or soup night
Expressions of Interest sought

Observant Members will have noticed our new banner sign has been erected on Sunshine Boulevard thrice.

Merchandise Officer, Rob Bradford, hopes to have adequate supplies of club swimsuits and accessories for sale in time for State Swim.

President, Alan Grant, has spoken to pool management regarding their directive to vacate change rooms by 5.30 on Saturdays, thus allowing the slower swimmers insufficient time to finish the training program. An agreement has been reached to extend the time till 5.45, but the onus is on the INDIVIDUAL to comply with this.

Increased Entry Fees To Pool: The increase has been levied by the Council, not Miami Masters, so we are obliged to increase our training from \$4 to \$5 per session - still a very cheap price to pay for such a good workout including professional coaching, other venues charge up to \$8 to \$10 per swim.

Proposed Lake Ainsworth Get-Away

From Club President: Alan Grant

Lake Ainsworth Camp at Lennox Head is less than 2 hours drive away.

Activities: Swimming, Canoeing, Swimming, Tennis, Swimming, Surfing, etc, or "Just sit and read a book !"



Set in the dunes between the surf beach and the refreshing lake, the camp offers us a couple of organised events but mostly free time to relax. Bring your own food. Cook on the BBQ or eat out in the village. Approx \$20 per night per person, limited space so nominate early, \$10 deposit per person non-refundable.

Contact Alan Grant.



Social Notes:

Australia Day Social:

Once again we thank Lorrie and Harry Bishop for hosting a successful Miami Masters social.



The "Aussie" theme inspired some innovative costumes including prize winners Noel: as the Crocodile Hunter, and Moira as a convict (in perfectly pressed PJ's). Tony Smith donned his lifesaving gear and his wife Sally actually sewed an Australian Flag to make her sarong (she can unpick the 7 pointed star for NZ day!)

There were Aussie symbols everywhere from flags to Vegemite and Aeroplane Jelly, with plenty of cold beer and warm pies.

Lance Kunde arrived in his tinnie as Captain Hornblower, with the Jolly Roger flag flying and re-enacting the landing of the First Fleet onto Lorrie's jetty.



Convict Moria was almost sentenced to 10 years hard labour by husband Barry for dropping the car keys in the icy esky water, thereby freezing the electronic chip and immobilising it. They were locked out of their car, until a handy hair dryer thawed it out. The rest of the party were most amused !

Birthdays:



Kathie Kliendienst	2-Jan	Katherine Marris	4-Feb
Warren Robotham	3-Jan	Moyra Galton	6-Feb
John Ashley	5-Jan	Winifred Henry	9-Feb
Geoff Ross	9-Jan	Brett Stuart	13-Feb
Roger Muspratt	9-Jan	Donald Leslie	14-Feb
John Brown	13-Jan	Raelene Ryan	15-Feb
Lyn Stanley	13-Jan	Brian Deane	17-Feb
Sheila Anderson	18-Jan	John Etheridge	26-Feb
Ted Puller	21-Jan	John Irvine	29-Feb
Karen Mcpherson	21-Jan		
Kathy Watt	22-Jan		
Alison Fahlbusch	23-Jan		
Stella Ashton	27-Jan		
Hank Markus	31-Jan		