



SWIMMING CLUB INCORPORATED

P.O. Box 455
Mermaid Beach, Qld. 4218.

NEWSLETTER

September 2002

Vic Laws Pool, Pizzey Park, Miami, Qld.

Committee:

President:	Alan Grant	5575 4235	
Vice President:	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Captain:	John Crisp	5591 6117	
Secretary:	Denise Robertson	5575 2468	denise.robertson@bigpond.com
Treasurer:	Brenda Robotham	5576 3117	
Social Committee:	Janine Corby	5538 5029	
	Alison Fahlbusch	5593 2120	agfah@elanorashs.qld.edu.au
	Tony Smith	5572 6213	
Webmaster	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Newsletter:	Brett & Julie Stuart	5576 1989	brett@stuartconsulting.com.au
Club Website:	www.aussimastersqld.com.au/MiamiMastersWebpage.htm		

Coaches:

Lyn Stanley	5576 0695
Norm Toward	5576 2473

Training:

Saturday	2:45 pm (briefing and stretches) 3:00 pm Swim (reverts to 4:00 pm on 05 th October)
Tuesday	6:30 pm Swim

Dates:

• Today's Swim: Sausage sizzle following		
• State Open Water Swim	26 th September	Marine Stadium at the Spit
• ASPAC Masters Games	27 th to 29 th September	Southport Olympic Pool
• Revert to 4:00 pm on Saturdays	5 th October	
• Golf Day	6 th October	Boomerang Farm, lunch provided
• World Masters Games	7 th to 13 th October	MIAC, Melbourne
• Ipswich City Masters Swim Meet	20 th October	Ipswich Boys Grammar
• NZ Masters held Aerobic Swim	10 th November	Our Pool, Pizzey Park, Miami

Committee Notes

Excerpts of meeting held September 2002, from Alan Grant.



Accredited Official

We are one of the few clubs who appear to not have an accredited official to our name. Is this because we are too involved in actually competing in events, or are we just complacent ?

Would you like to:

- Walk around in a white uniform ?
- Boss people around ?
- Disqualify people you don't like ?
- Fix the times of your competition ?
- Accept lucrative bribes ?



Then Officialdom is for you !!!

To be more serious, if we don't have officials then we don't have swim meets. See Alan Grant if you are interested, or would like some more information.



Alan Grant (President)

Member Details

If you move, or your phone number changes, let Sue Johnson know for our records.

Swim Meet Director

Lance – the crocodile (see our website) has taken on the important job of Meet Director for February 2003. Give him all the help you can as it's a job with deadlines to meet.

Let him know what you feel would be a good swim programme. Should we hold the function at the pool, in the Pizze Park Hall, or somewhere else " Shall we have a theme for the night ? He will take all of these thoughts on board, mull over them and then do exactly what he wants !

A financially positive swim meet helps to keep your fees down so give him loads of support.

State Open Water Swim

Held at Marine Stadium, The Spit, on Thursday, 26th September.



If you wish to swim, phone David Speechley on 07 3876 2822 by Monday 23rd September.

Q.M.S. have given their permission for Miami to provide refreshments after the Open Water Swim. The Swim commences at 3.20pm. We will be offering a sausage sizzle (other refreshments to be decided by Social Committee), and would welcome volunteers to assist. Also volunteers required for the running of the Open Water Swim

If you wish to help the event organization, be at the Marine Stadium at the Spit by 3:00 pm.

If you wish to help with the BBQ, be there by 4:00 pm.

Change of Saturday Session Time:

Summer is coming on so we will be moving to our alternative times on the 5th October, with swim starting at 4:00 pm, with briefing and stretching at 3:50 pm

Aerobic Swims



If you have not been amongst the growing happy band that have been working at their aerobic swims then you have not quite missed the boat.

New Zealand Masters are running (swimming) two swims, ½ hour and ¾ hour postals, entry \$5.00. We are to have a morning at the pool on Sunday 10th November at 9:00 AM, followed by a sausage sizzle.

These swims will also be included in Miami's Aerobic Points Programme, in which we really want to do well, and will also be eligible for both Queensland and Australian Top Ten Books. Refreshments to follow.

This is your chance to find out what aerobics is all about and earn some points for yourself and the club. See you there. Talk to Phil Marshall about the rules.

Get Well Soon

Jean Walkden, a long time member, has recently had knee surgery. We wish her a speedy recovery and return to this pool



Next committee meeting: 12th October at 2:30.

Gear & Merchandise:



By Rob Bradford:

Ladies Swimming Costume Sale:

- Lethal Costumes: \$40.00
- Striped Costumes, size 16: \$20.00

Other Great Bargains:

- Striped Mens: \$20.00
- New Style Polo Shirts: \$25.00
- T Shirts Short Sleeve: \$16.00
- Fleecy Tops: \$35.00
- Sports Bags: \$45.00
- Floppy Hats: \$15.00
- Caps: \$15.00
- Badges: \$3.00
- Swim Caps Silicon: \$11.00
- Swim Caps Zoggs Latex: \$3.50
- Logo Patches: \$1.00

Contact: Merchandising Officer: Rob Bradford at the pool side, or phone on 5520 0296.

Coaching Clinic:

Alina coached us in an excellent Breaststroke Clinic on 7th September.



Alina's focus was on maximising the glide, and minimising the inefficient bob through the water, and to her credit, by the end of the clinic, just about everybody was Breaststroking more effortlessly through the water.

Next Committee meeting: Saturday, 14th September at 1:30 pm.

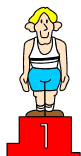
Bush Walks



After conquering Mt Mitchell at Cunningham's gap recently, another bushwalk is planned at Mount Maroon, via Beaudesert next month, see Lance Kunde if interested, he advises this climb will be a hard grade.

Recent Swim Meets

At the N.S.W. Masters Games held in Coffs Harbour at the weekend, Margaret Kelly achieved 5 first placings and 2 seconds. Our reluctant competitor, Karen McPherson, made three firsts and one second from her four swims, then went on to blitz the field in the Surf Race. Karen, we need you for RELAYS!!!



Australian Winter Swimming Championships in Sydney:
John Crisp won the over 65, 50 metres freestyle.

Birthdays:



Jenny Sawyer	11-Sep	Margaret-Mary Doolan	1-Oct
Mark Fitz-walter	14-Sep	Roger Mathews	6-Oct
Mikako Naito	15-Sep	Stewart Rowe	10-Oct
Paul Watson	17-Sep	Jayne Morley	17-Oct
Susan Cole	19-Sep	Margaret Kelly	19-Oct
Susan Bertram	26-Sep	Troy Doyle	21-Oct
Corinne Kitching	27-Sep	Margaret Watts	27-Oct
		Denise Robertson	29-Oct