



SWIMMING CLUB INCORPORATED

P.O. Box 455

Mermaid Beach, Qld. 4218.

Vic Laws Pool, Pizzezy Park, Miami, Qld.

# NEWSLETTER

## May 2004

### Committee:

President:	Lance Kunde	5598 1009	<a href="mailto:LanceCrocodile@aol.com">LanceCrocodile@aol.com</a>
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Club Website:	<a href="http://www.aussimastersqld.com.au/MiamiMastersWebpage.htm">www.aussimastersqld.com.au/MiamiMastersWebpage.htm</a>		

### Coaches:

Ben Hiddlestone	0413 513 969
Norm Toward	5576 2473

### Aerobics:

Peter Mitchell	5537 4695
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### Training Start:

Saturday	3:45 pm (briefing and stretches), 4:00 pm Swim
Tuesday	6:30 pm Swim

### Aerobics Start:

Saturday	1:30 pm
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### Dates:

#### Swim Meets:

o Samford , Short Course	29th May	Samford State School
o Sunshine Coast Masters, Postal	1st June – 31st July	Statewide
o Yamba Carnival	12 <sup>th</sup> to 14 <sup>th</sup> June	Entries close 22 <sup>nd</sup> -May
o Caboolture and District, Short Course	26th June	Burpengary Indoor Pool
o Twin Towns Masters, Long Course	31st July	Oasis Pool, Banora Point

#### Social Events:

o Soup & Trivia Night	Sat 19 <sup>th</sup> June	5:30 PM at the pool
o Presentation Dinner	4 <sup>th</sup> June	Mermaid Waters Resort (ie Lone Star Tavern)
o Bush Walk	July	O'Reilly's to Binna Burra

### National Swim, Adelaide.

1-4 April, 2004.

4 ½ Miami Swimmers travelled to South Australia for the Australian Masters Championships. 437 competitors representing 67 Masters Clubs from around Australia competed at the Adelaide Aquatic Centre. Despite our small number, we managed to come 11th overall, with John and Denise each winning their Age Group, Julie coming 2nd and Brett 4th. \*Bruce was our "half a competitor", swimming in only 4 of the possible



12 events, but nevertheless gaining 27 valuable points for the team.

Both John and Julie were on fire - John breaking 2 National and 5 State records, and Julie 1 of each. Our two relays both achieved gold, with the Mixed Freestyle breaking the State record.

So dedicated were we to win these relays, that all of us drew out of individual events in order to be fresh for the relays!



Masters Swimmers are an unusual lot - the first few hours of a National Meet are spent warmly greeting familiar faces from other clubs and other states - sort of like an extended family. Then the races begin and although we're competing against each other, we are still able to share their successes and sympathise in their disappointments as we analyse our respective performances. Weird but true.

We were lucky to have both Bernice and Max as supporters and, as usual, they did a great job checking out the competition, taking splits, and photos, and generally offering encouragement and help. This Meet was 4 very long and very tiring days, but we nonetheless managed to have some fun together, and share a hearty celebratory dinner at the end.

### Oceania Masters One Hour Swim

Results and medals have arrived for the New Zealand run, Oceania Masters One Hour Swim Competition. I sensed a twinge of disappointment when I phoned Phil Marshall to say that she had NOT won the gold medal for Females, 70-74. This turned to joy and hilarity, when I informed her that she had won gold for MALES, 70-74! Full results - gold medals to Margaret Kelly, Denise Robertson and Phil. Peter Mitchell was 4th in his age group and Corinne Kitching 5th. Well done, Miami!



### Byron Bay Open Water Classic

By Geoff Ross.



At last the Byron Winter Whales got it right. May 2nd was perfect. A record 1,000 plus entries, no rain

or strong wind, no horrendous storm. Will we ever forget the 2003 swim?!

Twenty three swimmers (from the Sunday morning Burleigh to North Burleigh group which includes a number of Miami Masters) enjoyed the camaraderie and challenge of the 2.2 kms. A slight headwind and dead water - no swells - prevailed. No reports matched "Sue's Sightings of 2003", of turtles and dangly bits! All finished, and most performed well in their age groups. A few major placings were gained. Congratulations to all who swam. Your supportive enthusiasm was much appreciated on the day.

Fred Knudsen of World and Hawaiian Triathlon fame, was equal eldest swimmer for 2004. At 82 years of age, he came 3rd in the Over 75 group. As an early - very early - Past President of Masters in Queensland, Fred was very competent in his position.

Wendy Abbott, Roger Muspratt and Geoff Ross each came 2<sup>nd</sup> in their age group.

Thank you to Coach, Norman Toward, for originating the beach swim concept. Our numbers are growing, the challenge is there to be enjoyed.

Sadly there is no end in sight for the clash of dates with State Swim. Both would benefit if there were.

See you on Sundays, 8am.

Geoff Ross,  
Son of Byron.

### Barefoot Bowls

By Julie Stuart

On 7<sup>th</sup> May, 14 of us swapped togs for boardies and ventured barefoot onto the greens of Mermaid Beach Bowls Club for a gentle cross training and bonding session.

Fortified by a hearty meal and drinks at each end, we were instructed in the finer points of lawn bowls such as aiming for the adjacent lane, not your own kitty.



These comments were heard wafting through the night air  
Norm - "I'm pleased to say I'm holding one ball tonight"  
Brenda - "My father always polished his balls"  
Ted - "I'll inspect the head"  
Brett - "I've been too hard all night"

Warren's prowess shone through but Brenda explained that he lines things up all day for a living.

Tony was having a hard time controlling his balls, while Brett twice opted for the drive, to break up the head and knock the girls off. He'll keep! (Ed: ☺)

We all agreed it was a fun night and we plan another one when night bowls resumes in September.

### Relay for Life Fund 3<sup>rd</sup> Annual Fund Raiser

15<sup>th</sup> May at Evandale.

Congratulations to the 30 Miami members and supporters who collectively raised close to \$15,000 for the Cancer Fund. Although last year's winning fund raiser Moira Galton was in Ireland, it was obvious she's already kissed the blarney stone by raising \$9,040 herself, a brilliant effort from a dedicated survivor. Denise raised \$1,500 and Ted \$1,000 (a fitting tribute to his dearly departed wife). Brenda and Alison organised their teams to turn up with food, grog, a bed and a chair and the evening's activities rolled on as the baton was relayed around the track throughout the night.



Toney tried to teach us Backgammon, but it was lambs to the slaughter for the novices. The 4 sets of trivia questions kept us going through the night, frustrating us, as some we had forgotten from last year.



Although sleep was fitful or non-existent for some, all agreed it was great to be involved for such a worthy cause. We're looking for an inspiring costume / theme next year to liven us up a bit.

## Notes from Committee Meeting -

### Merchandise -

Tracey will bring all items to pool on last Saturday of each month, but will take orders at any time.

### Gear -

Warren has bought a selection of new fins for swimmers' use.

### Swim Meet -

Yamba Carnival over Queen's Birthday weekend, June 12-14. Entry has been extended until Saturday, 22nd May. This will be a fun weekend - easy swims in the pool, and a surf swim on the Monday. Details on Noticeboard. See John to enter.

## Queensland Branch, Annual General Meeting, Cairns.

- o John and Denise attended. There was much discussion about an alternative date for State Swim so as not to clash with the A.S.C.T.A. conference, and Byron Bay Ocean Swim. Unresolved.
- o State Branch wants to hold both a Short Course and a Long Course State Swim each year, in Autumn and Spring, and alternately in North and South Queensland.
- o Miami made a submission to the Swimmers' Forum re Records and Top Ten Lists as follows:
  1. To have an AUDIT of these lists to ensure that they are now accurate. (AGREED - Denise offered to assist Rob Lucas where possible).
  2. That the Branch considers employing someone to keep these records in future, rather than overload willing volunteers. (PRES., DAVID RYAN said this is not possible without changes to the Constitution).
  3. To ensure that any 2003 Queensland swims which qualified for National Best Ever Top Ten but failed to be published in the 2003 National List, be recognised by the National Body on future lists. (RECORDER, ROB

LUCAS, says we have no power to enforce this. However, it seems to John and me that this would be resolved as a result of the AUDIT).

## Club Member Bios

### Brenda Robotham

Nickname: Bren  
 Age: 51  
 Favourite Colour: Blue  
 Are you available? No  
 Favourite Food: Thai – Seafood  
 Favourite Book: *Taipan*  
*James Clavell*  
 Favourite Movie: *A Beautiful Life*  
 Place of Birth: Launceston  
 Pet Hate: Noisy Eaters  
 Occupation: School Registrar



### Jay Neville

Nickname: Jay  
 Age: 58  
 Favourite Colour: Maroon  
 Are you available? What for?  
 Favourite Food: All – don't forget the Sweets  
 Favourite Book: "Fundamentals of Chinese Acupuncture" (Schitsu Massage)  
 Favourite Movie: *Ben Hur*  
 Place of Birth: Brisbane  
 Pet Hate: Smokers  
 Occupation: Retired - Swimmer



## Pool Lane Candid Camera

This month's Lane of happy campers is Lane 6



## Birthdays



Brenda Robotham	01-May	Carrie Dart	25-Jun
Wendy Snigg	01-May	Shayne Fergus	26-Jun
Darryl Hurley	05-May	Wendy Pirie	28-Jun
Glenda Turnbull	05-May	Tony Corlass	29-Jun
Philomena Marshall	10-May	John Crisp	30-Jun
Gary Field	19-May	Antony Mckean	30-Jun
Wendy Abbott	21-May		
Pauline Benjamin	21-May		
Peter Mitchell	24-May		

## State Swim, Cairns.

1-3 May, 2004.

What a team! Miami really triumphed at the State Swim, winning all three major awards - Aggregate Pointscore Shield, Average Points Trophy and Open Water Trophy - and Bruce Parry won Male Swimmer of the Meet under 50 years. We also had 6 Age Group winners in Julie, John, Jay, Bruce, David Durrant and Darryl Hurley. A huge total of 65 Gold, 42 Silver and 16 Bronze medals were collected, and we had 10 further Gold Medallists in the Open Water Swim. At the Presentation Dinner, our cheers were deafening as prize after prize came our way. It was a night to remember. Julie and John again managed to break National Records with amazing swims. A great big THANK YOU to those



Miami girls who swam their hearts out, particularly in relays, without winning a swag of medals. Their contribution in gaining valuable points for our club very likely pushed us over the winners' line.



Mention must be made of the dedication of our Captain - his skill in putting together winning relay teams which included almost every one of our 14 women and 12 men; the way he shepherded us through a warm-up routine prior to each day's events; and the time he took out of his own busy schedule to guide and encourage us in our individual events is so much appreciated. It was not unusual to see him pacing up and down the pool, trying to urge a swimmer up to a new level of achievement. Thank you, John.



Those members who took the trouble to phone and urge the team along will be pleased to know that we set up a "HERO MESSAGES" board at the pool with all of your names on it. Yes, your good wishes helped enormously!



### Special Awards From Cairns:-

**BRAVERY AWARD** - PETER MITCHELL, for sharing a room with those two well known Predators.  
**ORIENTERING AWARD** - LORRIE BISHOP, for sitting 2 hours on the verandah of Deluxe Villa #8 waiting for someone to come home with a key.

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**PATIENCE AWARD** - HARRY BISHOP, for sitting 2 hours in Standard Villa #8, 50 mtrs away, waiting for Lorrie to come home.  
**EMBARASSMENT AWARD** - BRUCE PARRY, caught with his pants down when his Prize was announced at the Presentation Dinner. Kept a roomful of people waiting 5 minutes.  
**DOPINESS AWARD** - ANT McKEON for entering only 4 events when he could have won 6.  
**FAITHFULNESS AWARD** - KIM McKEON who loves and defends him despite the above lapse.



**SEXINESS AWARD** - CLIVE AND LIALA. . . . . for those hot new racing togs!  
**ARTISTRY AWARD** - MARGIE WATTS, who manages to create fresh new colourful patterns on her blouses after every meal.



**CANDID CAMERA AWARD** - RITA DURRANT, popping up all around the pool, snapping away at Miami swimmers in action.  
**SERENITY AWARD** - JOCELYN APLIN, who, whilst loyally supporting Barry at the pool, somehow managed to tune out the noise around her and take a nap between races.  
**CHEERLEADERS AWARD** - TAYLOR AND MORGAN, with their red, white and blue streamers, urging Nana Corinne to try harder.  
**SELF CONTROL AWARD** - Stalwart JUDY GIBSON, who conquered the 223 bends on the road to Lake Eacham and valiantly avoided a technicolour yawn.  
**SELF SACRIFICE AWARD** - DAVE DURRANT, eyes popping and unable to breathe after being zipped into his "thorpedo" suit, elected to suffer the pain in order to make the gain for his club.  
**3-FACED AWARD** - TONY CORLASS who separately credited Phil and her Aerobic programme, Ben for his coaching, and Norm for HIS coaching, for his noteworthy successes in Cairns.  
**TWINKLE TOES AWARD** - JAY NEVILLE, for his energetic performance on the dance floor.

