



SWIMMING CLUB INCORPORATED

P.O. Box 455

Mermaid Beach, Qld. 4218.

Vic Laws Pool, Pizzezy Park, Miami, Qld.

NEWSLETTER

July 2004

Committee:

President:	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Vice President:	Alan Grant	5575 4235	
Captain:	John Crisp	5591 6117	
Secretary:	Denise Robertson	5575 2468	denise.robertson@bigpond.com
Treasurer:	Tony Corlass	5531 5839	corlass@austarnet.com.au
Social Committee:	Alison Fahlbusch	5593 2120	agfah@elanorashs.qld.edu.au
	Julie Stuart	5576 1989	julie@stuartconsulting.com.au
	Clive Robinson	5526 6961	clives@worldlink.com.au
Webmaster	Lance Kunde	5598 1009	LanceCrocodile@aol.com
Merchandising Officer	Tracey Fletcher	5534 9559	matrark@ozemail.com.au
Newsletter:	Brett & Julie Stuart	5576 1989	brett@stuartconsulting.com.au
Club Website:	www.aussimastersqld.com.au/MiamiMastersWebpage.htm		

Coaches:

Ben Hiddlestone	0413 513 969
Norm Toward	5576 2473

Training Start:

Saturday	2:45 pm (briefing and stretches), 3:00 pm Swim
Tuesday	6:30 pm Swim

Aerobics:

Peter Mitchell	5537 4695
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Aerobics Start:

Saturday	1:30 pm
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Dates:

- o Golf Day Sunday, 15th August Boomerang Farm Golf Course 7.00am start
- o Twin Towns Long Course Saturday, 31st July Oasis Pool, Banora Point
- o Northside Carnival Saturday 28th August Valley Pool, Brisbane, entries close 10th August
- o Toowoomba Short Course Saturday 11th September The Glennie Aquatic Centre

Committee Notes

From Denise Robertson



Aerobics: The 1500 mtrs warm-up that was set for the recent Saturday afternoon session was so well received, and resulted in so many valuable points for our Club, that we will have a half hour warm-up next month. Those swimmers who missed the 1500 are warmly invited to do it at any time - please see Peter Mitchell. Perhaps you would like to do 1500 or 1/2 hour Form Stroke? That can also be arranged. For those members who don't compete at Swim Meets, this is a great way to test your own fitness and endurance. Naturally, we would also like to relieve Sunshine Coast of the State Aerobic Trophy which they have monopolised for far too long!



Safety: Following an incident during training last month, our Safety Officer, Rod Greensill, has pointed out the need for us all to be aware of our fellow swimmers in the pool, and not leave full responsibility for the welfare of club members to our efficient but busy Coaches.



Sponsor: Aqua Shop, Strathaird Road, Bundall, is offering discounts to Miami Masters.

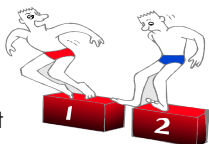
Cost Of Session has risen to \$6 following a rise in the cost of pool entry. Entry Passes are available from Pool Lessee, Len, and the holder will then only pay \$2.50 per session.



Pool Access - from 23rd July will be gained from the opposite side of the pool, as Burleigh Bears Football Club will take over our current car park.

Swim Meets:

Twin Towns Long Course
Carnival - Saturday, 31st July
Northside Carnival, 28th August
entries close 10th August



Holidays: Last report from Sheila - ALAN GRANT was following the Tour de France by car and pushbike, enjoying miserable weather in the Pyrenees, and bravely dipping in the chilly sea. He has met up with a bunch of Aussies and is probably behaving disgracefully whilst having tons of fun. MARGIE WATTS and GEOFF ROSS have spent an adventurous week in Darwin and environs. COACHES NORM TOWARD & BEN HIDDLESTONE have both been absent - nobody knows where - together, alone - and meantime we have had the excellent services of former coach, Lyn Stanley. MARGOT & JIM IRWIN are back from their 12 months cruise on the good ship, "Callisto". TONY CORLASS and wife, CAROL, have enjoyed diving and snorkelling in New Caledonia. JENNY & JOHN SAWYER are currently doing their lengthy annual cruise in the Barrier Reef - leaving LIALA DAVIGHI in charge of grog supplies. ELIZABETH SHNEIDER is currently in town between tours to the Orient.



Au Revoir Julie Gunthorp

Club Members were very sad to see Julie Gunthorp return to New Zealand this month. Julie has been an exceedingly successful member of Miami's Swim Teams over the last four years and holds many State and National records. She was also our very efficient Merchandise Officer last year, and joined in with Club social activities. Her partner, Max Burgess, whilst not a member of our Club, nevertheless contributed greatly to the running of the Club. He must hold a record for timekeeping duties at Swim Meets, was always there to help and encourage, and also acted as Chief Timekeeper at our last two Carnivals. They will both be very greatly missed, but we hope and expect that they will visit from time to time. Good luck, Jules & Maxi!



Presentation Dinner

From Denise Robertson:

Aerobics Encouragement Awards

For the members who have put in a lot of effort, not necessarily achieving top points.

RUNNERS UP:

Keith Burdett
Eleanor Quin

WINNER:

DON LESLIE



Aerobics Trophy

For the member who gained the highest points for our club in the National Aerobics Competition.

RUNNERS UP:

3rd Highest points achieved:
Geoff Ross

2nd Highest points achieved:

Don Leslie

WINNER:

Achieving maximum points and therefore equal first in the National Competition:
SUE BERTRAM



Captain's Trophy

For highest points attained at Swim meets.

RUNNERS UP, MALE:

Don Leslie
John Crisp
JAY NEVILLE

WINNER, MALE:

RUNNERS UP, FEMALE

Denise Robertson
Margaret Kelly
JULIE GUNTHORP

WINNER, FEMALE:

Coaches' Trophy

For best effort and commitment at training.

RUNNERS UP:

Margie Flanagan
Jan Maciejewski
BRETT STUART

WINNER:

MOST IMPROVED: -

WINNER, MALE:

TONY CORLASS

WINNER, FEMALE

SONYA PALFREYMAN



Best Carnival Performance

Member who has attained the highest ranked swim RUNNERS UP Denise Robertson, for 3rd place in World Top Ten
Julie Gunthorp, for 2nd place in World Top Ten
WINNER JOHN CRISP, for 1st place in World Top Ten

Viv Scholer Trophy

Member with most overall involvement in first two years of membership

WINNER: GARRY SAYERS



Member Of The Year

Member who has all round commitment to the club and promotes Masters Swimming with the philosophy of fun fitness and friendship

RUNNERS UP:

Denise Robertson

Brenda Robotham

WINNER:

Phil Marshall



Soup & Trivia Night:

Congratulations to all the "beautiful minds" who came along to test their wits and sample the culinary delights of the gourmet chefs in the club. It was a fun night with lots of interesting trivia revealed and very few disputes (& he was banished to New Zealand anyway!).

Social Thoughts:

Broncos Football Game at Suncorp Stadium

- o Sunday 15th August 3:00 pm against the Bulldogs (and make sure you start that day at Boomerang Farm 7.00am for a round of golf, organised by Garry).
- o Saturday 21st August 5:30 pm against the Tigers.

Social convenors Julie and Alison did a reconnaissance recently and thoroughly enjoyed the day – the train from Robina can drop you there and bring you home, see them if interested.



Sirromet Winery Tour at Mount Cotton

One day in September, wine tasting \$5 (including complementary glass), wine tour \$5. Food available from the restaurant. If enough people are interested, we could hire a bus for an extra \$15 to \$20 per head, depending on numbers. Please see Alison, Julie or Clive if interested.



Draculas Theatre Restaurant opposite Pacific Fair \$52 for dinner and show for group booking. Please see Alison, Julie or Clive if interested.

YAMBA DIARY 2004

Friday, 11th of June:

Set off early to miss the traffic...finally crossed the border about 90 minutes later thanks to the Tugun traffic.



Got moving again and made it to the Pacific Hotel which overlooks the Main Beach at Yamba. Put my gear in the room and went downstairs to get a beer and have some dinner. In the bar it seemed strange that everyone seemed more interested in what was going on outside. Being naturally inquisitive in such situations, I joined the crowd. Gee whizz ... an external light was ablaze, just outside where I'd just put all my worldly goods. No worries...all was fixed in no time and life went back to normal. Staying in the pub is paradise...all the beer you can drink, a full-on football extravaganza on the telly, good food, pokies, and no having to drive home afterwards.

Saturday, 12th of June:

We had a latish start so it was advisable to check out the place in daylight, have breakfast and get to the pool for a warm up, a real luxury for someone who's usually late and misses out. The pool is out on the Angourie Road in a most pleasant setting. It had been shut for a while over winter, but they'd opened it especially for the carnival. Miami had 12 swimmers: Rod Greensill, Rob Bradford, Judy Gibson, Denise Robertson, Liala Davighi, Clive Robinson, Jay Neville, Toni Cameron, Brian Deane, Phil Marshall and me. John Crisp was coming but preferred the thrills of concreting to the thrills of a hot swimming carnival. It dawned on some swimmers however, that by not entering all 7 events it was difficult to win one's age group. The organisers used a system of deck seeding whereby swimmers were allocated a lane on the spot rather than beforehand. This meant that no lanes were ever vacant. The highlight of the day was the debut of Denise's sister, Joan who became a virgin Masters swimmer at the grand old age of 80 and taking after her illustrious sisters, Denise and



Diana and son, Kim. There were only two in her age group but unfortunately that other person was Alison Worrall from Twin Towns, a most formidable opponent. We all swam well, enjoyed the sandwiches they gave us, and then partook of a most tasty barbeque. Then it was back to the pub for a night of grog, pokies and rugby on the telly wow! Water temperature for the Ocean Swim is now 20 degrees.

Sunday, 13th of June:

Thought I might go for a drive to check out the scenery etc but forgot that 100 metre events don't take as long as 400's and 800's. Anyway, I arrived just as my event, the 100 m. I.M., was being called. They were pretty considerate and let me swim, albeit in the lane beside Liala and get



embarrassingly walloped. No worries as I was the only one in my age group. My next swim was the very next race; that's why it helps to get to carnivals on time. The day went well; Phil Marshall up and the 280+ Women's were disqualified for breaking. Ocean temperature was rising; think it reached about 23 so no problems at all. Presentation Night was next on the agenda. The booze bus would get us all there and back so no problems about drinking too much or getting lost. It was a good night and Miami swimmers Liala and Toni scored towels for coming first in their age groups. The food was pretty good, but the highlight of the night was the performance poetry. I don't know the performer's name, but I'm sure I can find out if you want Clive to book him for your next do. The poem he presented was about a young blade called George who used to tear around on his bike pinching girls on the bum. Best thing was that he read the poem while pedalling a somewhat clapped-out exercise bike, owned by Ken Liddy I think. The live music next door was of the slash/ death metal variety and sung by a girl in a pussy cat suit, with tail etc. No one stuck around. The booze bus got us all home safely and happily. The ocean temperature is now up to 24.



Monday, 14th June:



We wake up to another beautiful day. The sea looks enticingly warm, crystal clear and with perfectly shaped waves. Time for the Yamba Classic, the swim from Convent Beach to the Main Beach and only about 700 metres: a mere cakewalk for this intrepid mob. We walk around to the beach, get our instructions and we're off. The temperature's about 17, but once you're in, no problems at all; the swim is real quick and everyone's back on the beach before you can say Clive Robinson or even Denise Robertson. Clive, Liala, Toni, Denise and Jay have each won their age groups; Clive's beaten all the blokes, except one, and Liala all the women. So, quite a successful day out on the water, and overall, a most enjoyable weekend. Get back to the coast and greeted by another Tugun traffic jam... everything's back to normal I suppose.

Peter Mitchell.

Club Member Bios

Wendy Snigg

Nickname: Wendy Snigg
 Age: 41
 Favourite Colour: Blue Purple
 Are you available? No
 Favourite Food: Chocolate
 Favourite Book: "Meos Last Dancer"
 - Li Cunxin
 Favourite Movie: Chocolat
 Place of Birth: Adelaide
 Pet Hate: Rudeness
 Occupation: High School Teacher:
 Humanities



Ben Hiddlestone

Nickname: Ben
 Age: 29
 Favourite Colour: Aqua Blue
 Are you available? Yes - in Australia
 Favourite Food: Korean BBQ
 Favourite Book: Jonathon Livingston Seagull
 Favourite Movie: Lost in Translation
 Place of Birth: Melbourne
 Pet Hate: Having my last name Accidentally spelled "Piddlestone"
 Occupation: Swim Coach



Pool Lane Candid Camera

This month's Lane of happy campers is Lane 4



Birthdays



Alan Grant	04-Jul	Jim Irwin	03-Aug
Greg Dart	05-Jul	Bruce Parry	05-Aug
Ian Spence	06-Jul	Jan Maciejewski	07-Aug
David Durrant	15-Jul	Joan Morgans	11-Aug
Ben Hiddlestone	16-Jul	David Boylson	14-Aug
Garry Sayers	16-Jul	Judy Gibson	14-Aug
Jean Walkden	16-Jul	Eleanor Quin	14-Aug
Suzanne Johnston	20-Jul	Noel Dalglish	15-Aug
Carolyn Woodhouse	20-Jul	Clive Robinson	17-Aug
Suzy Smith	21-Jul	Keith Burdett	27-Aug
Rob Bradford	25-Jul	Toni Cameron	29-Aug
Lorrie Bishop	27-Jul		
Jay Neville	28-Jul		
Margot Irwin	29-Jul		
Julie Stuart	30-Jul		